



Williston Community Food Shelf

www.willistonfoodshelf.com, 300 Cornerstone Drive Ste 115 PO Box 1605 Williston, VT (802) 735-

May 2011

Mind the Gap!

If you've ever traveled to London you know the phrase "mind the gap!" warns you to be aware when boarding the subway. But children in Vermont have to mind a different kind of gap: the ten week gap that occurs when school is out for the summer and they no longer have access to a subsidized breakfast and lunch. For the third year in a row the Food Shelf is helping to bridge that gap through our Summer Bags for Kids program. Twice a month, local families with school aged children will receive an extra bag containing breakfast and lunch food. Breakfast items include cereal, fruit and juice. Lunch items are pasta, soups, proteins such as tuna and ravioli, peanut butter and jelly and assorted healthy snacks. In addition, fresh fruits and vegetables are provided through donations by our local gardeners through the "Plant a Row" program.

This year we'd like to add fresh dairy products to that list: milk, eggs and cheese. **Can you help?** Write "summer bags for kids" on your next donation and we'll get it those kids who are "minding the gap" this summer .

2010 Volunteer of the Year — Larry Pillsbury



From the Board

One of the best things about being on the board of a nonprofit organization is witnessing first hand the generosity of one's neighbors. We set an aggressive goal for our holiday fundraising effort last year and we fell a bit short. All we had to do was make the community aware, and the relief poured in. We had visits from children and adults donating their birthday money, we had teenagers volunteering to ride their bikes door to door to collect food (see inside for more!). We received notes which read, "I usually only donate once a year but I'll make an exception for the food shelf". Businesses like Securshred, Scott's Line Striping and ETS made generous donations, while other businesses such as Chef's Corners (our most generous local business donor!) and more recently, Lenny's partnered with its customers to provide needed funds. We received donations from Girl Scouts, Boy Scouts, Yoga classes, community associations and bridge clubs. Rose Computer Technology Services has generously provided out IT support since the day we opened and when our volunteers found our Internet connection was out one morning, we tentatively asked David Rose if he had changed his mind. "OF COURSE NOT!" And (continued on page 2)

Williston Community Food Shelf

Board of Directors

Cathy Michaels
Jeanne Jensen
Johanna Masse
Kim Rainbolt
Larry Pillsbury
Marianne Apflebaum
Tracey Barth
Sally Stockwell Metro - Ops Mgr

Price of a bag of food \$30. Feeding a hungry neighbor—priceless!

- Summer Bags for Kids Program**
1 Box Cereal
2 Pkgs of whole wheat pasta
2 cans of fruit
2 extra proteins (ravioli, tuna)
1 jelly
1 peanut butter
1 large bottle of juice
1 pack of juice boxes
1 box of granola bars
1 (6-8) pack of snacks (pudding, jello, applesauce, raisins)
1 Loaf of bread
4 soups or ramen noodles
Bread, fresh fruits and vegetables as available
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- Wish list**
1 gallon of milk
1 dozen eggs
1 lb of cheddar cheese

- Volunteer opportunities for the Friends of the Williston Community Food Shelf**
- Taking Photos
 - Put together a scrap book or our clippings
 - Painting or fix up at the food shelf
 - Web Site Maintenance
 - Sorting and shelving big donation deliveries
 - Coordinating neighborhood food drives
 - Passing the word to the community through front porch forum or other virtual communities
 - March in this year's 4th of July Parade
 - Organize fundraisers
 - Writing newsletter articles
 - Creative ideas for fundraisers
- Call us to volunteer (802) 735-6303**

From the Board—continued from page 1

the angel he sent didn't even laugh (much) when he discovered that it was just that the cable had been knocked loose. The Williston Community Food Shelf is 100% funded by local donations and when you see the long list of last year's donors you'll see how broad the support really is. Our clients always tell our volunteers how grateful they are as they are helped out with their groceries. But we say, don't thank us, thank your neighbors. They make this possible.

Outstanding Volunteers!

Our outstanding volunteers for this issue are the Castano Brothers! Christopher and Joseph had the idea of using their bikes to pull a cart through local neighborhoods to canvas for donations. With the added help of Mikayla Morin, the Food Shelf "Chuck Wagon" has been very successful, not only bringing needed donations to the food shelf but giving busy neighbors an easy way to help. Creativity, hard work and generosity—it's the Williston way!



Our 2010 Donors

Sponsors: Chef's Corner Café & Bakery, Essex Alliance Church, Hannaford Supermarket, Rose Computer Technology Services, Shred This Inc./Securshred, Williston Observer

Angels: Eileen Blackwood and Lynn Goyette, Gay and Lesbian Fund of Vermont, Elizabeth Skarie and Jerry Greenfield, Teresa and Steele Griswold, Polly Parsons and Jim Jacobson, Jeanne and David Jensen, Abby Klein, Andree LeBoeuf, Robert and Liz Neeld, Maira Newell, David and Michelle Rath, Scott's Line Striping, Katherine and Tony Stamper, Town of Williston, Jennifer and Edward Townley, Williston Family Eye Care,

Williston Federated Church, Williston Girl Scouts Me and My Guy Dance, Williston Historical Society

Partners: Dan Beaton and Mary King, Margaret Bishop, Susan and Thomas Blair, Eleanor Bolger, Julia Caminiti, Donald Dempsey, Catharine and Joshua Diamond, David Dielsi and Jacqueline Thonet, Virginia and Edwin Eadie, Eldoes - Burlington Elks Lodge #916, Kathleen Fernee, Flex-a-Seal, Inc, Friehofers Bakery, Lynn and Fred Gaffney, Cid and Greg Gause, Keith Gaylord, J. Steven Hayes, Deborah Healey, Cheryl and Douglas Hoar, Immaculate Heart of Mary Parish, Inland US Mgmt LLC, Kenneth Kaleita, Catherine Keim, Key Bank, Terry Macaig, William Miles, Ken and Barbara Morton, Paulita and Dick Pashby, Cynthia Pavlik, Neil Pendergast, Kim Rainbolt, Joyce and Raymond LeBlanc, LeBlanc Insurance Agency, Nina Schenck, Starbucks, Charles and Jean Staunton, Town Cobbler, Washington Lodge

Friends: Karen Abrahamovich, Yvonne Alexander, Ryan Allen, Alexander and Gertrude Anderson, Madeleine Angier, Artists Mediums, Sarah and Richard Asch, Theresa Audette, Lynne Balman, Flora Barber, Dennis Bates and Ann Hazelrigg, Jo-Ann Beaudin, Jean Bell, Allan Bertolet, Marian Bickford, Ruth M. Bill, Anita Blau, Giovanna Boggero, Claire Boland, Amanda and Jeff Boliba, Jane Borkowski, Paula Bouchard-Johnson, Gabe Boutin, Barbara Bristol, Nancy Brown, Hallery Brunet, Peter Bryant, Jeneva Burroughs, Donna Burt, Virginia Butler, Ink Trail Productions, Business Culture Consultants, Williston Boy Scouts, Calvary Chapel, Jennifer Cardinal, Tom and Nancy Carlson, Cynthia Carrano, Gail Cashman, Arthur and Jennifer Cernosia, Champlain Valley Union High School, Barbara Chausse, Andrea Chong, Robin Coletta, Rose Compagnon, Audrey and Paul Connery, Vince Conte, Eva Cote, Alisa Craft, Diane Davis, Anne and Matthew Dodds, Jeff and Lorraine Dreibelbis, Rebecca Dubois, The Dunphy Family, Jeff and Michele Eaton, Elizabeth Erickson, Bruce Elliott, EPS, Inc., Grace Farley, Brigid Farrell, Donna and William Fellingner, Bernadette Ferenc, Jeff and Luanne Firlik, Martine Fiske, Ruth Fitzgerald, Ernest and Marjorie Flegenheimer, Lauren Flegenheimer Deisler, Sarah Francisco, George and Patricia Gerecke, Girl Scout Troop 30486, Girl Scout Troop 3059, Girl Scout Troop 686, Heather Godin, Shirley Goodell-Lackey, Laurie Gunn, Helaine Hagstrand, Sandra Hall, Edward and Joan Halpin, Briant Hamrell, Virginia Hardy, Rosemeryl Harple, Harold Harvey, Patricia Hickcox, Homespun Theatre, Meg Howard, Dorothy Howe, Gerald and Judy Huetz, Lynn and Fred Hunziker, Jeanne Jenkins, June and Herbert Jones, Mike Kanfer, Shirley and George Katz, Jacqueline Kennedy, Michael Kerbaugh, Kathleen Kilbourne, Barbara Kneeland, Laborie Medical Technologies Staff, Carmen LaFlamme, Law Offices of Iannella and Mummolo, Nancy Leonard, Tim and Sara LeStage, S. Letares, Carol and Donald Lewis, Gloria Liptak, Linda and Kort Longenbach, Marianne Lucey, Maryann Ludlow, Lions Club – Williston, Kelly Maginnis, Charles Many, Lois Mason, Bob Mason, Jean and William Mast, Joseph Laukaitis and Jan Mazzone, Ruth McDonnell, Elise McGregor, Raymond and Theresa Mertens, Helen S. Mertens, Sara Mikell, Darlene Mitchell, Deborah Miuccio, David Morency, Barbara Morney, Ginger and Ken Morton, Charlene and Rodney Muir, New Balance, Donna and Drew Nixon, Maria Nolan, Danielle and Tim O'Brien, Deana O'Connor, Joan and Gary O'Gorman, Ann Okowitz Brooks, Ruth Painter, Annette Palmer, Simon Parlante, Patty Pasley, Mia Pasley, Christiana and Cierra Pepin, Esther Perelman, Brenda Perkins, Agnieszka Perlinska, Anne and Alan Petrow, Charlotte Philbrook, Donald and Cecile Phillips, Larry Pillsbury, Elaine Pinckney, Renate Plaut, Debra Reardon, Kay Reynolds, Joanne Riley, Arthur Robert, Casey Romero, The Rose Family, Carl and Debra Runge, Melanie Saia, Kathleen and Daryl Santerre, Suzanne Scanell, Dee Scheidel, Karen Shastany, Joann and Walter Simendinger, Margie Sisco, Carol Stewart, Tracey Stokes, Faith and John Stuart, SymQuest, Christine Szarek, Taft Farm Senior Living Activity Council, Debbie Thomas, Patricia Trickey, Mary Tuthill, Catherine Walker, John and Margaret Walsh, WCS bottle drive c/o Wendy Burds, Donald Weinberg, Elma Wildblood, Williston Federated Church, Beth Wilson, Charles and Mary Ann Wolf, Robert Wolf, Workday, Inc., Joan Young

Ways to Help:

Volunteers are always needed!

Volunteers are needed for our Tuesday night and Saturday morning shifts. To sign up just stop by during our hours of operation.

Volunteers must be 18 years old or older

Hold a Summer Food Drive!

Food donations from churches, school groups and scouts drop off significantly during the summer months. But your kids may be home looking for something to do. You pick the date, we can help with signs and advertising. We'll even come pick up the food or arrange a short tour of the food shelf when you drop off the donations. Email

Iwanttohelp@willistonfoodshelf.com or call 802- 735-6303

Summer Program for Kids

This program provides breakfast and lunch supplies to children who, during the school year, receive these subsidized meals at school. We need breakfast cereal, juice, applesauce, healthy snacks and of course, peanut butter and jelly. Monetary donations will allow us to buy dairy products too.

Food donations can be dropped off at the Dorothy Alling library, Starbucks or Passport Video,

Williston Community Food Shelf
PO Box 1605
Williston, VT 05495

Williston Community Food Shelf Donation/Volunteer Form

Name: _____

Address: _____

Donation: _____

Please Make Check Payable to: Williston Community Food Shelf

May we use your name in a list of donors? Yes No

Are You Interested in Volunteering? Yes No