



### Poor Dogs and Hot Dogs

*Old Mother Hubbard went to the cupboard  
To get her poor dog a bone  
But when she got there the cupboard was bare  
And so the poor dog had none*

We all know this nursery rhyme and feel sorry for the dog every time, but what about poor Mother Hubbard? How awful it must be to find only empty shelves when you go to feed your dog, your kids or yourself.

The Food Shelf "cupboards" are looking worryingly empty these days. The need is up - we had 75 Williston families last summer, 119 this summer - and donations are down - down 40% from the first half of 2009. We are \$500 short on funding for our Summer Program for kids, the program that fills in the summer month for meals that kids in-need receive at school during the school year. Can you help? How about having a simple dinner at home this week instead of eating out? Hot dogs, baked beans and watermelon instead of dining out could save you \$25. If only twenty families did this just once this summer and sent the sav-



Shelves at the Food Shelves are looking bare in July

### 4th of July Parade



During the 4th of July parade Williston donated over \$1100 and wagonloads of food to the Community Food Shelf! This generous support goes towards our Summer Program for Kids which provides breakfast and lunch supplies to children who,

during the school year, receive these subsidized meals at school. A special thank you to **Ashley Dubois** who allowed us to turn her pickup into a

### From the Board...

This is being written on a dramatic July day when dark storm clouds unleashing torrents of rain are followed almost immediately by bright sunlight that makes everything sparkle. 2010 has been a lot like this for the Food Shelf. We began the year with our move to our new location in Taft Farm Village. The chaos and confusion of moving shelves, boxes, bags and office equipment was not made any easier by the two day snowstorm. But thanks to the many volunteers who gave up part of all of their New Year's Holiday, we reopened without a hitch.

Soon after we watched in horror at the devastation of Haiti. Local donors did what they could to help those people who had lost absolutely everything, and the board made plans to cut services as donations to the Food Shelf slowed to a trickle. Before we had to take any action though, Hannaford's came through with an extraordinary corporate donation of goods and we could fill the shelves again.

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## A Virtual Gathering of Real Friends

### Friends of the WCFS

Would you like to volunteer for the food shelf but for one reason or another can't commit to working a shift? Many of our volunteers because of work, health, transportation, youth or time commitment are unable to do a two hour shift but still want to help. The Food Shelf is starting a virtual community of ""Fans" of the Food Shelf on Facebook. To join just look search for the Williston Community Food Shelf fan page. Not a Facebook user? No problem. We can send you email updates of volunteer opportunities. And if you just want us to send you notices by US mail, we can do that too. Just send us the donation/ volunteer form from the back page.

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The clouds came again when the board president Deb Beckett announced she could not stand for reelection due to her pending deployment to Iraq. Deb had done a magnificent job in shepherding us through our first full year and no one was prepared to step into those shoes. Thankfully, Cathy Michaels came through when volunteers Sally Stockwell Metro, Larry Pillsbury and Dick Pashby committed to filling her role of operations manager. We wish Deb well - Stay safe Deb!

We expect a lot more challenges but also a lot more successes because of our great volunteers and generous donors. Thanks for your continued support!

**Volunteer opportunities for the Friends of the Williston Community Food Shelf**

- Stuffing envelopes
- Stamping and addressing mailings
- Taking Photos
- Put together a scrap book or our clippings
- Painting or fix up at the food shelf
- Web Site Maintenance
- Sorting and shelving big donation deliveries
- Coordinating neighborhood food drives
- Passing the word to the community through front porch forum or other virtual communities
- March in next year's 4th of July Parade
- Organize fundraisers
- Writing thank you notes
- Food delivery to the homebound
- Writing newsletter articles



### Outstanding Volunteers!

Our outstanding volunteer for this issue is our dedicated Thursday morning crew! Every Thursday morning this steady crew arrives to not only help clients to but take care of a host of organizational and administrative tasks. Whether it be packing bags, updating the database or writing thank you notes, the Thursday crew gets it done. Thank you to **Ginger Morton, Jean Staunton, Jennifer Selwah, Shirley Rounds, Heather Tenda** and the many other volunteers who make the Food Shelf run smoothly each week!



## Williston Community Food Shelf - 2009 Donors

### **Sponsors:**

Chef's Corner ,Essex Alliance Church, Freihofers , Hannaford's, Inland Mgmt Corp (Maple Tree Place), Allen Brook Development, Rose Computers, Williston Federated Church, Williston Observer

### **Angels:**

Dan Beaton and Mary King, Lynn Goyette and Eileen Blackwood , SecurShred - Eric Flegenheimer and Ken Miller, Gay and Lesbian Fund of VT, Keith and Cathryn Gaylord, Ralph and Sharon Gerlach, Hampton Direct, IBM Employees Charitable Contribution Campaign, Jeanne and David Jensen, Jerry Greenfield and Elizabeth Skarie, Key Bank, Brick Church Concert Series, Neil Pendergast, Michelle and David Rath, Scott's Line Striping Inc, Carly Sears, Sign-a-rama, Starbucks - Williston, Peter Tanham, Vermont Family Eye Care, Williston Girl Scouts Father- Daughter Dance, Williston Historical Society

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### **Friends:**

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### **Art Auction Donors**

Kristin Richland, Katharine Montstream, Clair Aimi, Elizabeth Allen, Betty Borah, Dick Brunelle, Shirley Galliher, Wendy Gibson, Richard Gibson, Harold Kaplan, Andrea Lawrence, Kristin Littlefield, Jackie Mangione, Evelyn Meyer, Katherine Pond, Nancy Stone, Doris Walvoord, Amy Huntington, Raquel Sobel, Karen Casper, Esther Palmer, Kristy Burnett, Sean Beckett, Catamount Golf Club, Michaels on the Hill, Faith Rainbolt, Marsha Drake, Bambi Fontaine, Kimberly Forney, Marcy Kass, Jen Kristel, Dave Messier, Ellie Morency, Ginger Morton, Barbara Nedd, Deb Peate, Louise Rashleigh, Pam Blehert, Nelly Bonfigli, Michelle Cook, Ellie Bolger, Christel Horman, Chelsea Lindner, Alice Bowman, Pam Argy, Jeff Schneiderman, Kristen Schloemer, Dave Schmidt, Sharon Stancliffe

## Ways to Help:

### Volunteers are always needed!

Volunteers are needed for our Tuesday night and Saturday morning shifts. To sign up, email [Iwantto-help@willistonfoodshelf.com](mailto:Iwantto-help@willistonfoodshelf.com) or just stop by during our hours of operation.

Volunteers must be 18 years old or older



### Summer Program for Kids

This program provides breakfast and lunch supplies to children who, during the school year, receive these subsidized meals at school. We are currently \$500 short of fully funding this program. Donations will help close the gap. We need breakfast cereal, juice, applesauce, healthy snacks and of course, peanut butter and jelly.

Food donations can be dropped off at the Dorothy Alling library, Starbucks, Passport Video, or Dottie the Book Mobile!

Williston Community Food Shelf  
PO Box 1605  
Williston, VT 05495

## Williston Community Food Shelf Donation/Volunteer Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Donation: \_\_\_\_\_

Please Make Check Payable to: Williston Community Food Shelf

May we use your name in a list of donors? Yes No

Are You Interested in Volunteering? Yes No

I'd like to be notified of volunteering opportunities through:

Facebook

Email (please provide email address)

US Mail