



# THE CUPBOARD

THE WILLISTON COMMUNITY FOOD SHELF NEWSLETTER

Physical: 400 Cornerstone Drive, Suite 130, Williston, VT

Phone: 802.735.6303

Mailing: P.O. Box 1605, Williston, VT 05495

[www.willistonfoodshelf.com](http://www.willistonfoodshelf.com)

**Hours:** Tuesdays 5:00-6:30 pm, Thursdays 9:00-11:00 am, Saturdays 9:00-11:00 am

## Mission Statement:

*Our mission is to provide high-quality food to those in need in our community, and to help connect our clients and their families with essential support services. We are a 501 (c) 3 non-profit organization.*

## Annual Meeting Notes:

At our Annual Meeting, held February 8<sup>th</sup>, 2017 at the Williston Police Department Community Room, the WCFS bid farewell to board members Jeanne Jensen and Chris Long. Jeanne has been on the board since the food shelf began in 2008. She has held the positions of President and Treasurer. Chris has served on the board for several years and was instrumental in making us more technologically current! We thank them both for their service and wish them both luck in their new endeavors. At that meeting we also welcomed Sarah Mason and Betsy Johnson as new board members, and the election of officers was held.



## Program Notes:

In 2016, the Williston Community Food Shelf served 3,230 families, which translates into 10,267 individuals. We average 269 family visits per month. Each family is allowed to shop at the food shelf twice per month. We serve and average of 96 seniors and 301 children per month. We continue to be the primary food shelf for Williston, St. George, Richmond and Essex residents. Over the summer of 2016, WCFS gave out 96 Summer Program Bags to Williston and St. George residents. This is an increase over prior years. We will be discussing expanding this program to include all school vacations in our 2017/2018 budget development session. We also contribute funds to the Friend of St. George and Williston Families Program which provides camp scholarships, transportation and healthy breakfast, snacks and lunch for about 20 children each July.

## WCFS Board of Directors

Ginger Morton,  
President  
Burta Kelly,  
Vice President, Treasurer  
Jen Daudelin,  
Asst. Treasurer  
Anne Dodds,  
Secretary  
Betsy Johnson  
Sarah Mason  
Sally Metro,  
Operations Manager

# Thinking About Hosting a Food Drive?

During the summer months, donations to the food shelf tend to run pretty thin. If you, or your organization, would like to have a food drive, here is some helpful information, and even more is listed on our website, [www.willistonfoodshelf.com](http://www.willistonfoodshelf.com)

## Who are we and who do we serve?

The WCFS is an all-volunteer organization dedicated to the elimination of hunger in the towns of Williston, St. George, Essex and Richmond. Our clients are the elderly on fixed incomes, neighbors with disabilities, and working families whose paycheck isn't enough to cover the necessities. We serve over 900 people each month.

## What do we need?

The items that we have the greatest need for are: breakfast cereal, canned pasta sauce, canned fruit, cans of soup, boxed pasta, canned tomatoes, tuna, peanut butter, jelly, baked beans and personal hygiene products. We do accept fresh fruits and vegetables but please let us know ahead of your delivery. We are sad to say we cannot accept any homemade food items. Due to space limitations, the only non-food donation we accept is pet food.

**We cannot accept any out-of-date, expired items or opened packages.**

## Drop Off:

The food shelf is located at 400 Cornerstone Drive, Suite 130. This is in the Tafts Farms Village Shopping Plaza where Rite Aid is. We are on the lower level of the Aveda Beauty School building. Drive past the Oasis Day Spa, down the hill and around to the back of the building. We are the second building. The office is on the ground level. Someone is at the food shelf about one hour before opening each shift. Arranging deliveries at this time is much appreciated. Tuesday 5-6:30pm, Thursday and Saturday 9-11:00am. Please call 735-6303.

*Thank you, Thank you, Thank you! Your donations allow us to feed our hungry neighbors.*



Some pictures of the Shaw's

Season of Giving Campaign

We were lucky enough to be chosen as the recipient of the holiday customer donation program. Many Thanks!



## Supporting Businesses/Organizations:

At the Annual Meeting, we also recognized several businesses/organizations as our Community Partners. These businesses/organizations put a priority on sharing with those less fortunate, and we are very thankful and blessed to have them as our Community Partners. The Williston Community Food Shelf would not be the successful operation that it is today, without these wonderful folks. We urge you to consider frequenting these businesses/organizations because of their generosity to their less fortunate neighbors.

Hannaford Supermarket/Pharmacy, Williston: During 2016, Hannaford donated 20,300 lbs of meat; 21,000 lbs of produce; 6,090 lbs of deli products; 37,870 lbs of bakery/bread products for a total of **85,260 pounds of food!!!** We also received 286 Holiday gift boxes as a result of their drive between Thanksgiving and Christmas. Hannaford also just gave us a \$550 gift card to purchase food for the Food Shelf, and a check for \$1,800 as proceeds from their Hannaford Helps Fight Hunger Campaign which they hold over the holidays each year.

Panera Bread, Williston: Every shift, Panera donates several large bags/boxes of bread, and pastries to us consistent with their national corporate philosophy. Our clients love their goodies!

Starbucks, Williston: Every shift, Starbucks also donates goodies, and sometimes coffee, consistent with their national corporate philosophy.

Adams Farm Market, Williston: The Adams Family continues to be very generous supporters of the Food Shelf. Along with apples and produce during the year, in the fall, John Adams, donates several cases of his homemade applesauce to us. It is a "Fan Favorite" for sure!

Chef's Corners, Williston: Josef and Scott have a collection jar at the Café to collect customer donations for us. They generously match any money donated by their customers. We have received \$5,775 from them in the last three years! In addition, we receive cookies and goodies from time to time.

Williston Family Eyecare, Williston: Dr. Cyr and his staff have a collection box for the food shelf in their office, and they do a drive every year where they donate money to us for each pair of glasses that they sell. This year their program donated \$810.00!

Falcon Plumbing and Heating, Williston: Brian and his crew donated a large, brand new, stainless steel side-by-side refrigerator/freezer to us in 2016. It is our first **new** refrigerator, and it is gorgeous. They also donate several turkeys each year for Turkey Day.

Gardener's Supply, Williston: The employees of Gardeners grow wonderful vegetables for the food shelf every summer. We are so thankful for their efforts. Our clients love getting their fresh produce. In addition, this year, we were chosen to be the recipients of the funds from their holiday giving program.

New England Federal Credit Union, Williston: Evelyn Rivera, and her assistant Nancy Chase, are the largest turkey donors at our annual turkey drive. Evelyn has been crowned our Turkey Goddess. Over the past three years, they have donated 200 turkeys, many, many gift cards, and \$7,500 to us.

Bouyea Fassetts Bakery Outlet, Williston: Every week, Bouyea Fassetts donates over 150 loaves of bread, and sometimes other goodies, for our clients to enjoy.

Shaw's Supermarket, Williston: Through Shaw's Holiday customer donation programs, Spirit of Giving, the Food Shelf was given 42 complete Turkey/Ham Dinners at Thanksgiving, and 2 large pallets of food valued at \$3,590.

Rose Computer: Donates the cost of the internet hookup for our computer.

Essex Alliance Church, Essex: Every month, the Essex Alliance Church congregation donates an average of 7 large rolling trash bins, and 40 cartons, of food to us that they collect through their Matthew 25 (You fed me when I was hungry) program. In addition, many of their members are dedicated volunteers at the shelf. We are eternally grateful for their generous, continued support.

Environmental Hazards Management, Williston: Whenever we need a truck or some muscle, the EHM employees are always there to help us.

Lucy's House, Essex: Jan and her crew donate hundreds of bags of dog food to us annually.

In addition, we recognized the following individuals:

Shawn Bartlett, of Underhill, was recognized for donating freezer space each of the last three years to store the extra Turkeys that we get in the Turkey Drive until we can give them all out.

Roger Siiro, of Williston, was recognized for being a staunch, generous supporter of the Food Shelf.



## 2016 Volunteer of the Year!

Carmen LaFlamme, of Richmond, a long-time educator in the Williston school system, was recognized as our 2016 Volunteer of the Year. Carmen continues to serve the Williston community as a steady, calming Saturday morning volunteer at the Food Shelf. She also volunteers at the Respite House and with her antique car groups. We can always rely on Carmen and are very thankful to have her as one of our volunteers. Here she is in the Williston 4<sup>th</sup> of July parade!

**Please join our group of board members and volunteers as we march in this year's parade. Let us know if you would like to join us, or if you have some way to be of assistance.**

*Williston Community Food Shelf  
P.O. Box 1605  
Williston, VT 05495*

### Williston Community Food Shelf Donation Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Donation Amount: \_\_\_\_\_

May we please have your email address? \_\_\_\_\_

**Checks Payable to:** Williston Community Food Shelf (P.O. Box 1605 Williston, VT 05495)

\*On-line payments are available through PayPal. [www.willistonfoodshelf.com](http://www.willistonfoodshelf.com)

